The Laurel Caverns All-Day Cave Exploring Program

Rate: \$60 per participant regardless of age

For Walk-Ins

This caving program is offered every Saturday & Sunday at 9:00 am.

For scouts, religious organizations, schools, & summer camps

This caving program is offered every day open at 9:00 am. Call: 724-438-3003 for group rates and reservations

Requirements

- 1. Participants must have reached their 12th birthday.
- 2. All participants should wear long pants and long-sleeved shirt/sweater suitable for crawling.
- 3. All participants must wear firmly fitting shoes, with good tread, that lace above the ankles.
 - 4. All participants must bring two sources of light.
 - 4. All groups must have at least one supervising adult participant.
 - 5. All participants must sign the Laurel Caverns Caving Release Form
 - 6. Parental Release Form co-signatures are required for participants under 18 years old.

Expected Learning Outcomes

Upon successful completion of this program, participants will be able to:

- 1. describe the environment one encounters when within a large calcareous sandstone cave
- 2. outline the geological stages that a large cave, like Laurel Caverns, goes through
- 3. explain how new cave passages are often found at Laurel Caverns
- 4. provide a light overview of caving first-aid supplies and their use, as suggested by the NCRC
- 5. explain why teamwork is a critical part of cave exploration
- 6. demonstrate basic handgrips used to assist fellow cavers during difficult climbs
- 7. identify the proper procedures to be employed, should an injury take place
- 8. identify the clothing and equipment one should bring on a caving trip
- 9. demonstrate the basic crawling techniques one must employ when exploring a small passage
- 10. describe the challenges one faces when climbing steep, unlit, cave passageways

Agenda

Registration -9:00-9:30 am

Norman Cale Visitors' Center – Registration and restrooms – assembly in the Don Cale Room

Orientation -9:30-10:00 am

Tour of the upper lighted part of Laurel Caverns covering learning goals 1, 2, & 3.

Break & Caving Preparation – 10:00 – 10:15 am

The Don Cale Room - Participants are fitted with Laurel Caverns helmets & lights.

In-Cave Instruction on Caving Safety – 10:15 – 10:45 am

Bottom of Grand Canyon Passage (via Chandelier passage) – Learning goals 4, 5, 6, 7, & 8 are covered.

Crawling Techniques – 10:45 – 11:30 am

Cale's Canyon, Stomach, and crawl into the Flue – Learning goal 9 is covered.

Lunch Break – 11:30 am – 12:30 pm The Don Cale Room or the Laurel Caverns Picnic Shelter

Caving (Spelunking) Techniques – 12:30 pm – 3:00 pm (Depending on group size)

A looped excursion that includes the Ballroom, Cascades, Sleeping Rock, Post Office, Sump, Millstream Passage, Roland's Dig, and the Bat Room provide learning goal 10.

Program Wrap-up – 3:00 pm -Participants return via the Grand Canyon to helmet collection in the Norman Cale Visitors' Center.